Cook (Calgary)

NewStart Canada Consulting Inc.

Job ID
11249

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LOCATION	DATE POSTED	EXPIRY DATE
3420 69 St NW, Calgary, AB| Alberta	04-11-2026	03-05-2027

TYPE OF JOB	SALARY	MIN. EXPERIENCE	MIN. EDUCATION
Full Time	CAD $17 to $19 per hour for 30-40 hours a week	1 year to less than 2 years	Secondary (high) school graduation certificate

Job Details

Prepare and cook complete meals or individual dishes and foods, which include sauces, soups, salads, vegetables, meats
Prepare dishes for customers with food allergies or intolerance
Keep kitchen and food handling area clean with proper regulation and procedure
Weigh, measure and mix ingredients according to recipes or personal judgment, using various kitchen utensils and equipment
Maintain inventory and records of food ingredients, supplies and equipment
Check the quantity and quality of received products
Place purchase orders and/or requisitions for procuring necessary, food ingredients, supplies, etc. required for menu preparation
Estimate expected food consumption and requirement
Maintain sanitation, health, and safety standards in work areas
Train kitchen staff in preparation, cooking and handling of food

Work conditions and physical capabilities: Fast paced environment, Physically demanding, Repetitive tasks, Standing for extended period of time

Requirements: Completion of high school education; additional training/certificate in a related field as an asset. 1-2 years of work experience in the commercial cooking industry. Familiarity with Asian/Japanese Cuisine. Flexibility; Organized; Team player; Reliability.

Flexible work hours: Day, Evening, Night, Weekend, Shift, Flexible Hours, Morning, TBD

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