Kitchen Helper

Let's Sushi

Job ID
10231

VIEW THIS JOB ONLINE: https://www.youthjob.ca/jobs/10231

LOCATION	DATE POSTED	EXPIRY DATE
4436 Rochdale Blvd, Regina, SK| Saskatchewan	22-07-2026	18-01-2027

TYPE OF JOB	SALARY	MIN. EXPERIENCE	MIN. EDUCATION
Full Time	CAD 15.70-16.50 per hour	1 to less than 7 months	No degree, certificate or diploma

Job Details

We, Let's Sushi, are looking for full-time Kitchen Helpers who can join our professional team!

Job title: Kitchen Helper (NOC 65201)
Vacancies: 2
Terms of employment: Permanent & Full time Position
Wage: $15.70 – 16.50 per hour for 30-40 hours/week
Location: 4436 Rochdale Blvd Regina, SK S4X 4N9
Expected Start Date: ASAP

Key Duties and Responsibilities:
• Wash, peel and chop fruits and vegetables
• Prepare the food ingredients as requested
• Wash the dishes and utensils
• Load and unload the dishwasher
• Ensure all the vegetables and meats are fresh
• Help in unloading and check the food deliveries
• Clean the kitchen station all the time
• Sweep and mop the kitchen floor

Position Requirements and Qualifications
• 1-7 months of experience in food service industry
• Team player – positive, reliable and motivated

Work conditions and physical capabilities
• Fast paced environment, Attention to details, Work under pressure
• Handling heavy loads; Physically demanding

How to Apply

If you are interested in the position and would like to join and grow with us, please send your cover letter and resume to yuyuan1184@gmail.com

Downloaded from youthjob.ca on 05-11-2026